

Believe in
children



Barnardo's



UNDERSTANDING YOUR CHILD



S O L I H U L L A P P R O A C H

River Children & Family Centre /Severnbanks School

Tuesday 17th October – 19th December 2023 -

(Excluding 31st October)

9.30am – 11.30am

The group is based on an approach developed in Solihull that has been helpful to parents and has shown that children's behaviour tends to improve.

We will explore topics which include:

- Tuning into children
- Exploring feelings
- Parenting styles
- Communication
- Temper Tantrums
- Sleep Patterns
- Behavioural difficulties
- Having fun together

The group is completely **free of charge** and places will be filled on a first come first served basis and will run on a Tuesday morning at **River Children & Family Centre for 10 weeks** (excluding October half term).

Please note: There is no childcare provision for this course.

For further details call River Children & Family Centre on **01594 842589** or Severnbanks School **01594 842789**

Or to book directly contact Family Information Service on **01452 427362** Familyinfo@gloucestershire.gov.uk

River Children & Family Centre, Naas Lane, Lydney, Glos GL15 5AU