

Barnardo's Children & Family Centres in Forest and Stroud:

Hilltop Children and Family Centre, Latimer Road,
Cinderford, Gloucestershire, GL14 2QA

Tel: 01594 827595.

River Children and Family Centre, Naas Lane,
Lydney, Gloucestershire, GL15 5AU

Tel: 01594 842589.

Stonehouse Park Children and Family Centre,
Elm Road, Stonehouse, Gloucestershire,
GL10 2NP

Tel: 01453 821012.

Treetops Children and Family Centre,
School Road, Dursley, Gloucestershire,
GL11 4NZ

Tel: 01453 545904.



Barnardo's Targeted Family Support Service

To book a place on any of these programmes
or to make a referral into our service, unless
otherwise stated, please contact –
Early Help Front Door (details below)
Call - 01452 328584

Email - glocesterearlyhelp@gloucestershire.gov.uk
Search - www.glosfamiliesdirectory.org.uk

Service Name: Forest and Stroud TFS Service
Manager: Helen Neill (CSM)



Forest and Stroud Targeted Family Support Service

Parenting Programme Schedule

September to December
2022



You and Me, Mum - This programme is specifically for mothers who have experienced domestic abuse. It focuses on the impact of a mother's role and the effects of domestic abuse on children. We want to empower you as a mother and support you to make positive changes for your family, this includes your children. Mothers play a central role in the development and protection of children and young people.

How many sessions?

10 week course for mothers

Who should attend?

Mothers only with a child 0-11 years of age

How we deliver this programme?

Face to face

Aims

- To understand how domestic abuse affects you as parent/carer
- To recognise the effects of domestic abuse on children and young people
- To develop effective communication skills with children & young people
- To promote healthy relationships
- To explore key protective behaviour messages and strategies for keeping mothers, children and young people safe

Location:

Stonehouse Park Infants School, Stonehouse - from Tuesday 20th September to 29th November (not including half-term) 10am-12pm

Please book via Family Information service.

Parenting Programme Schedule

September to December 2022

Parenting—Being a parent isn't always easy which is why your children and family centre team are here to help. We can provide advice and support to families and/or those professionals working with them.

For information on our Parenting programmes, or other training and workshops run across the county, search and book on to parenting courses on the FIS website www.glosfamiliesdirectory.org.uk.

All bookings must be made by contacting Family Information Service.

Tel: 01452 427362

Email: familyinfo@gloucestershire.gov.uk



GDASS six steps programme - 6 week course - To gain a better understanding of Domestic Abuse. Participants will be supported to understand the dynamics, impact on children and ways to keep safe and remain safe. Participants will also be supported to understand that the abuse is not their fault and that gaining information around Domestic Abuse will help start the process of recovery to rebuild their lives after their experiences of domestic abuse.

Location: Hilltop Children and Family Centre, Cinderford, starting Wednesday 5th October for 6 weeks term time only (no session 26th October), the last session will be 16th November. 10am-12pm

Please book directly with Nickie Sear, 07813 629381 (nickie.sear@greensquareaccord.co.uk)

CCP Solihull Parenting Group

This programme aims to focus on the parent/child relationship by promoting reflection on why things go well and sometimes they don't. Explore pressures you're under as a parent or carer and how your life story has impacted your parenting journey.

How many sessions?

10 week course

Who should attend?

Any parent or carer with a child 0-11 years of age

How we deliver this programme?

Online or face to face

Aims

- To promote understanding of children's behaviour within context of development
- To increase confidence and self-esteem for parent/carers and child/ren
- To give parents/carers a strategy for repair when things go wrong
- To promote reflective, sensitive and positive parenting

Location: Forest of Dean - to be confirmed, starting Wednesday 24th September 2022 - 10am-12pm

Please book directly with Chloe Nicholas, 07394 566833 (chloe.nicholas@ccp.org.uk)

