**PE Curriculum**

**Year 1 (2018-2019)**

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| **Autumn Term**  |
| **Class 1** | **Class 2** | **Class 3** | **Class 4** |
| **Lesson 1 Pro-Stars Monday**Autumn 1= Games Autumn 2 = Gymnastics  | **Lesson 1 Pro-Stars Monday**Autumn 1 = GymnasticsAutumn 2= Agility  | **Lesson 1 Pro-Stars – Friday**Autumn 1= HockeyAutumn 2 = Netball | **Lesson 1 Pro-Stars - Friday**Autumn 1 = HockeyAutumn 2= Netball |
| **Lesson 2 – Teacher Led**Autumn 1 = FundamentalsAutumn 2 = Games  | **Lesson 2 – Teacher Led**Autumn 1 = GamesAutumn 2= Gymnastics | **Lesson 2 – Teacher Led**Autumn 1 = SwimmingAutumn 2 = Swimming | **Lesson 2 – Teacher Led** Autumn 1 = CircuitsAutumn 2 = Gymnastics |
| **Yoga every Thursday afternoon for all classrooms** |
| **Spring Term** |
| **Lesson 1 Pro-Stars - Monday**Spring 1 =  Tag RugbySpring 2 =  Basketball | **Lesson 1 Pro-Stars Monday**Spring 1 = Tag RugbySpring 2 = Basketball | **Lesson 1 Pro-Stars – Friday**Spring 1= NetballSpring 2 = Football | **Lesson 1 Pro-Stars - Friday**Spring 1 = NetballSpring 2 = Football |
| **Lesson 2 – Teacher Led**Spring 1 = DanceSpring 2 = Gymnastics  | **Lesson 2 – Teacher Led**Spring 1 = SwimmingSpring 2 = Swimming | **Lesson 2 – Teacher Led**Spring 1 = GymnasticsSpring 2 = Tag Rugby | **Lesson 2 – Teacher Led**Spring 1 = GymnasticsSpring 2 = Tag Rugby |
| **Yoga every Thursday afternoon for all classrooms** |
| **SPORT RELIEF RUN – March (TBC) – KS1 and KS2 and BHF Skipping Competition – KS1** |
| **Summer Term** |
| **Class 1** | **Class 2** | **Class 3** | **Class 4** |
| **Lesson 1 Pro-Stars - Monday**Summer 1 = TennisSummer 2 = Football | **Lesson 1 Pro-Stars – Monday**Summer 1 = TennisSummer 2 = Football | **Lesson 1 Pro-Stars – Friday**Summer 1 = Basketball or DodgeballSummer 2 = Cricket  | **Lesson 1 Pro-Stars - Friday**Summer 1 = Basketball or DodgeballSummer 2 = Cricket  |
| **Lesson 2 – Teacher Led**Summer 1 = DodgeballSummer 2 = Athletics  | **Lesson 2 – Teacher Led**Summer 1 = DanceSummer 2 = Athletics  | **Lesson 2 – Teacher Led**Summer 1 = RoundersSummer 2 = Athletics  | **Lesson 2 – Teacher Led**Summer 1 = RoundersSummer 2 = Athletics  |
| **Yoga every Thursday afternoon for all classrooms** |
| **SPORTS DAYS KS1/KS2 Summer Term** |

**PE Curriculum**

**Year 2 (2019-2020)**

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| **Autumn Term**  |
| **Class 1** | **Class 2** | **Class 3** | **Class 4** |
| **Lesson 1 Pro-Stars Monday**Autumn 1= Orienteering Autumn 2 = Ball skills | **Lesson 1 Pro-Stars Monday**Autumn 1 = Orienteering Autumn 2= Ball games | **Lesson 1 Pro-Stars – Friday**Autumn 1= Orienteering Autumn 2 = Football | **Lesson 1 Pro-Stars - Friday**Autumn 1 = Orienteering Autumn 2= Football |
| **Lesson 2 – Teacher Led**Autumn 1 = FundamentalsAutumn 2 = Indoor Athletics  | **Lesson 2 – Teacher Led**Autumn 1 = GymnasticsAutumn 2 = Indoor Athletics | **Lesson 2 – Teacher Led**Autumn 1 = NetballAutumn 2 = Tag Rugby | **Lesson 2 – Teacher Led** Autumn 1 = NetballAutumn 2 = Tag Rugby |
| **Yoga every Thursday afternoon for all classrooms** |
| **Spring Term** |
| **Lesson 1 Pro-Stars - Monday**Spring 1 =  DanceSpring 2 =  Hockey | **Lesson 1 Pro-Stars Monday**Spring 1 = DanceSpring 2 = Hockey | **Lesson 1 Pro-Stars – Friday**Spring 1= HockeySpring 2 = Football | **Lesson 1 Pro-Stars - Friday**Spring 1 = HockeySpring 2 = Football |
| **Lesson 2 – Teacher Led**Spring 1 = NetballSpring 1= Gymnastics  | **Lesson 2 – Teacher Led**Spring 1 = SwimmingSpring 2 = Swimming | **Lesson 2 – Teacher Led**Spring 1 = Indoor Athletics Spring 2 = Dance | **Lesson 2 – Teacher Led**Spring 1 = Indoor Athletics Spring 2 = Dance |
| **Yoga every Thursday afternoon for all classrooms** |
| **SPORT RELIEF RUN – March (TBC) – KS1 and KS2 and BHF Skipping Competition – KS1** |
| **Summer Term** |
| **Class 1** | **Class 2** | **Class 3** | **Class 4** |
| **Lesson 1 Pro-Stars - Monday**Summer 1 = BasketballSummer 2 = Football | **Lesson 1 Pro-Stars – Monday**Summer 1 = BasketballSummer 2 = Football | **Lesson 1 Pro-Stars – Friday**Summer 1 = BasketballSummer 2 = Cricket  | **Lesson 1 Pro-Stars - Friday**Summer 1 = BasketballSummer 2 = Cricket  |
| **Lesson 2 – Teacher Led**Summer 1 = DodgeballSummer 2 = Athletics  | **Lesson 2 – Teacher Led**Summer 1 = DanceSummer 2 = Athletics  | **Lesson 2 – Teacher Led**Summer 1 = RoundersSummer 2 = Athletics  | **Lesson 2 – Teacher Led**Summer 1 = RoundersSummer 2 = Athletics  |
| **Yoga every Thursday afternoon for all classrooms** |
| **SPORTS DAYS KS1/KS2 Summer Term** |