**PE Curriculum**

**Year 1 (2018-2019)**

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| **Autumn Term** | | | | | |
| **Class 1** | | **Class 2** | | **Class 3** | **Class 4** |
| **Lesson 1 Pro-Stars Monday**  Autumn 1= Games  Autumn 2 = Gymnastics | | **Lesson 1 Pro-Stars Monday**  Autumn 1 = Gymnastics  Autumn 2= Agility | | **Lesson 1 Pro-Stars – Friday**  Autumn 1= Hockey  Autumn 2 = Netball | **Lesson 1 Pro-Stars - Friday**  Autumn 1 = Hockey  Autumn 2= Netball |
| **Lesson 2 – Teacher Led**  Autumn 1 = Fundamentals  Autumn 2 = Games | | **Lesson 2 – Teacher Led**  Autumn 1 = Games  Autumn 2= Gymnastics | | **Lesson 2 – Teacher Led**  Autumn 1 = Swimming  Autumn 2 = Swimming | **Lesson 2 – Teacher Led**  Autumn 1 = Circuits  Autumn 2 = Gymnastics |
| **Yoga every Thursday afternoon for all classrooms** | | | | | |
| **Spring Term** | | | | | |
| **Lesson 1 Pro-Stars - Monday**  Spring 1 =  Tag Rugby  Spring 2 =  Basketball | | **Lesson 1 Pro-Stars Monday**  Spring 1 = Tag Rugby  Spring 2 = Basketball | | **Lesson 1 Pro-Stars – Friday**  Spring 1= Netball  Spring 2 = Football | **Lesson 1 Pro-Stars - Friday**  Spring 1 = Netball  Spring 2 = Football |
| **Lesson 2 – Teacher Led**  Spring 1 = Dance  Spring 2 = Gymnastics | | **Lesson 2 – Teacher Led**  Spring 1 = Swimming  Spring 2 = Swimming | | **Lesson 2 – Teacher Led**  Spring 1 = Gymnastics  Spring 2 = Tag Rugby | **Lesson 2 – Teacher Led**  Spring 1 = Gymnastics  Spring 2 = Tag Rugby |
| **Yoga every Thursday afternoon for all classrooms** | | | | | |
| **SPORT RELIEF RUN – March (TBC) – KS1 and KS2 and BHF Skipping Competition – KS1** | | | | | |
| **Summer Term** | | | | | |
| **Class 1** | **Class 2** | | **Class 3** | | **Class 4** |
| **Lesson 1 Pro-Stars - Monday**  Summer 1 = Tennis  Summer 2 = Football | **Lesson 1 Pro-Stars – Monday**  Summer 1 = Tennis  Summer 2 = Football | | **Lesson 1 Pro-Stars – Friday**  Summer 1 = Basketball or Dodgeball  Summer 2 = Cricket | | **Lesson 1 Pro-Stars - Friday**  Summer 1 = Basketball or Dodgeball  Summer 2 = Cricket |
| **Lesson 2 – Teacher Led**  Summer 1 = Dodgeball  Summer 2 = Athletics | **Lesson 2 – Teacher Led**  Summer 1 = Dance  Summer 2 = Athletics | | **Lesson 2 – Teacher Led**  Summer 1 = Rounders  Summer 2 = Athletics | | **Lesson 2 – Teacher Led**  Summer 1 = Rounders  Summer 2 = Athletics |
| **Yoga every Thursday afternoon for all classrooms** | | | | | |
| **SPORTS DAYS KS1/KS2 Summer Term** | | | | | |

**PE Curriculum**

**Year 2 (2019-2020)**

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| **Autumn Term** | | | |
| **Class 1** | **Class 2** | **Class 3** | **Class 4** |
| **Lesson 1 Pro-Stars Monday**  Autumn 1= Orienteering  Autumn 2 = Ball skills | **Lesson 1 Pro-Stars Monday**  Autumn 1 = Orienteering  Autumn 2= Ball games | **Lesson 1 Pro-Stars – Friday**  Autumn 1= Orienteering  Autumn 2 = Football | **Lesson 1 Pro-Stars - Friday**  Autumn 1 = Orienteering  Autumn 2= Football |
| **Lesson 2 – Teacher Led**  Autumn 1 = Fundamentals  Autumn 2 = Indoor Athletics | **Lesson 2 – Teacher Led**  Autumn 1 = Gymnastics  Autumn 2 = Indoor Athletics | **Lesson 2 – Teacher Led**  Autumn 1 = Netball  Autumn 2 = Tag Rugby | **Lesson 2 – Teacher Led**  Autumn 1 = Netball  Autumn 2 = Tag Rugby |
| **Yoga every Thursday afternoon for all classrooms** | | | |
| **Spring Term** | | | |
| **Lesson 1 Pro-Stars - Monday**  Spring 1 =  Dance  Spring 2 =  Hockey | **Lesson 1 Pro-Stars Monday**  Spring 1 = Dance  Spring 2 = Hockey | **Lesson 1 Pro-Stars – Friday**  Spring 1= Hockey  Spring 2 = Football | **Lesson 1 Pro-Stars - Friday**  Spring 1 = Hockey  Spring 2 = Football |
| **Lesson 2 – Teacher Led**  Spring 1 = Netball  Spring 1= Gymnastics | **Lesson 2 – Teacher Led**  Spring 1 = Swimming  Spring 2 = Swimming | **Lesson 2 – Teacher Led**  Spring 1 = Indoor Athletics  Spring 2 = Dance | **Lesson 2 – Teacher Led**  Spring 1 = Indoor Athletics  Spring 2 = Dance |
| **Yoga every Thursday afternoon for all classrooms** | | | |
| **SPORT RELIEF RUN – March (TBC) – KS1 and KS2 and BHF Skipping Competition – KS1** | | | |
| **Summer Term** | | | |
| **Class 1** | **Class 2** | **Class 3** | **Class 4** |
| **Lesson 1 Pro-Stars - Monday**  Summer 1 = Basketball  Summer 2 = Football | **Lesson 1 Pro-Stars – Monday**  Summer 1 = Basketball  Summer 2 = Football | **Lesson 1 Pro-Stars – Friday**  Summer 1 = Basketball  Summer 2 = Cricket | **Lesson 1 Pro-Stars - Friday**  Summer 1 = Basketball  Summer 2 = Cricket |
| **Lesson 2 – Teacher Led**  Summer 1 = Dodgeball  Summer 2 = Athletics | **Lesson 2 – Teacher Led**  Summer 1 = Dance  Summer 2 = Athletics | **Lesson 2 – Teacher Led**  Summer 1 = Rounders  Summer 2 = Athletics | **Lesson 2 – Teacher Led**  Summer 1 = Rounders  Summer 2 = Athletics |
| **Yoga every Thursday afternoon for all classrooms** | | | |
| **SPORTS DAYS KS1/KS2 Summer Term** | | | |