



CINDERFORD RFC



RUGBY SUMMER CAMPS

Coached by up and coming rugby players & Coaches

1 Day Camp (U6-U8)

When: 26th July -30th August (Every Tuesday)

Time: 9am-1pm

Where: Cinderford RFC

1 Day Camp (U9-U13)

When: 27th July -31st August (Every Wednesday)

Time: 9am-1pm

Where: Cinderford RFC

1 Day Camp (U13-U16)

When: 30th & 31st August

Time: 9am-1pm

Where: Cinderford RFC

For Boys & Girls

£15.00 per session / per player
Or **£25.00** for 2 sessions booked.

The 1 Day programme, we will look at:-

- Decision Making
- Passing, Kicking, Running
- Agility and Sprinting
- Attack & Defence
- Packed Lunch and Drinks required

BOOK NOW limited spaces available (20 per session)

To book please email events.crfc@hotmail.com

Cinderford RFC

The Beavis Memorial Ground, Dockham Road, Cinderford, Gloucestershire, GL14 2AQ

Email: events.crfc@hotmail.com

Tel: 07961 710062

