



**Could you be a Home-Start Volunteer? Do you have parenting experience? Can you give 2-3 hours during the week to help local families with young children?** Being a parent is hard, especially if you do not have family and friends nearby to help. We train volunteers to visit families and provide them with non-judgemental, confidential support. Our next **FREE** training course will run in Lydney, in April straight after the Easter Holiday, during term time, one day a week.

For further information please call us on 07584 472025, email [enquiries@homestartnwglos.org.uk](mailto:enquiries@homestartnwglos.org.uk) or visit our website [www.homestartnwglos.org.uk/volunteering/](http://www.homestartnwglos.org.uk/volunteering/): **We'd love to hear from you!**