

ELSA

WE ARE AN ELSA SCHOOL

This means that we have a member of staff who is a trained Emotional Literacy Support Assistant (ELSA). ELSAs are trained to support the emotional development of pupils by helping them to better recognise, understand and manage their emotions through individual or small group support programmes.

EDUCATIONAL PSYCHOLOGY SERVICE

ELSAs receive support, training and supervision from Educational Psychologists from Gloucestershire Educational Psychology Service at least every half-term.

ELSA ROLE

ELSAs plan and deliver programmes of support to children identified within school as likely to benefit from additional help to increase their emotional literacy. Programmes normally last between 6-12 weeks but this is flexible. Work can cover topics like supporting pupils to recognise and regulate emotions like anxiety, increasing their self-esteem, improving their peer and staff relationships, recovering from significant loss or bereavement, and resolve conflict effectively.