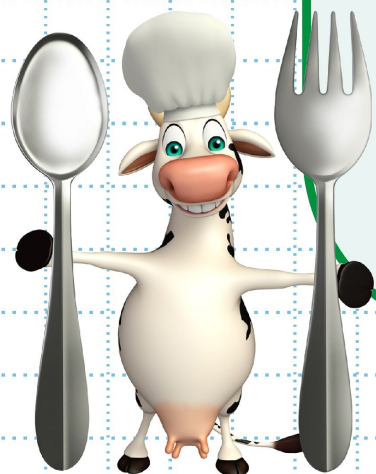


Week

5th Sept
3rd Oct
7th Nov
5th Dec
2nd Jan
30th Jan

Monday	Tuesday	Wednesday	Thursday	Friday
All Day Breakfast with Hash Browns	Chicken Korma with Rice	Cottage Pie	Roast Chicken with Mashed Potatoes, Stuffing and Gravy	Fish Fingers with Chips
Quorn All Day Breakfast with Hash Browns	Vegetarian Paella	Vegetarian Lasagne with Crusty Bread	Vegetable Parcel with Mashed Potatoes and Gravy	Samosa with Chips and Curry Sauce
Jacket Potato with various filling	Jacket Potato with various filling	Jacket Potato with various filling	Jacket Potato with various filling	Jacket Potato with various filling
Sub Roll Ham / Tuna / Cheese	Sub Roll Ham / Tuna / Cheese	Sub Roll Ham / Tuna / Cheese	Sub Roll Ham / Tuna / Cheese	Sub Roll Ham / Tuna / Cheese
Tomatoes and Baked Beans	Sweetcorn and Peas	Mixed Vegetables	Carrots and Parsnips	Peas and Baked Beans
Lemon Shortbread	Apple Crumble with Custard	St. Clement Sponge	Fruit Jelly	Chocolate and Pear Loaf

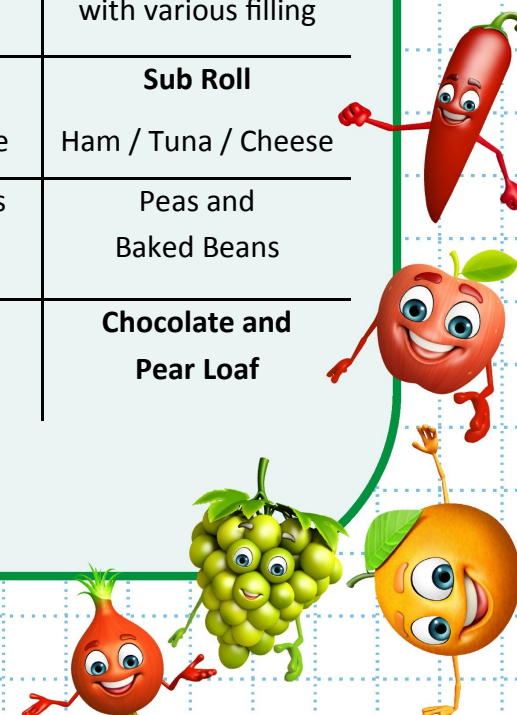
Fresh Seasonal Salad and Bread available daily. Fresh fruit and yoghurt available daily as an alternative to the dessert of the day. Allergy information available on request.



Providing Fresh Local &
Seasonal Ingredients, High
Welfare Meats and Sustainable Fish



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Week

12th Sept
10th Oct
14th Nov
12th Dec
9th Jan
6th Feb

Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni Cheese	Chicken and Vegetable Pie with New Potatoes	Beef Bolognaise with Pasta	Roast Pork with Roast Potatoes and Gravy	Salmon Fishcake with Chips
Warm Veggie Wrap	Cheese and Tomato Quiche with New Potatoes	Potato Cakes with Homemade Sauce	Quorn Fillet Roast with Roast Potatoes and Gravy	Cheese and Tomato Pizza with Chips
Jacket Potato with various filling	Jacket Potato with various filling	Jacket Potato with various filling	Jacket Potato with various filling	Jacket Potato with various filling
Sub Roll Ham / Tuna / Cheese	Sub Roll Ham / Tuna / Cheese	Sub Roll Ham / Tuna / Cheese	Sub Roll Ham / Tuna / Cheese	Sub Roll Ham / Tuna / Cheese
Sweetcorn and Peas	Carrots and Green Beans	Brocoli and Sweetcorn	Cauliflower and Winter Cabbage	Peas and Baked Beans
Carrot and Apple Oat Cookie	Blueberry Muffin	Winter Cake with Custard	Banana Bread	Brownie

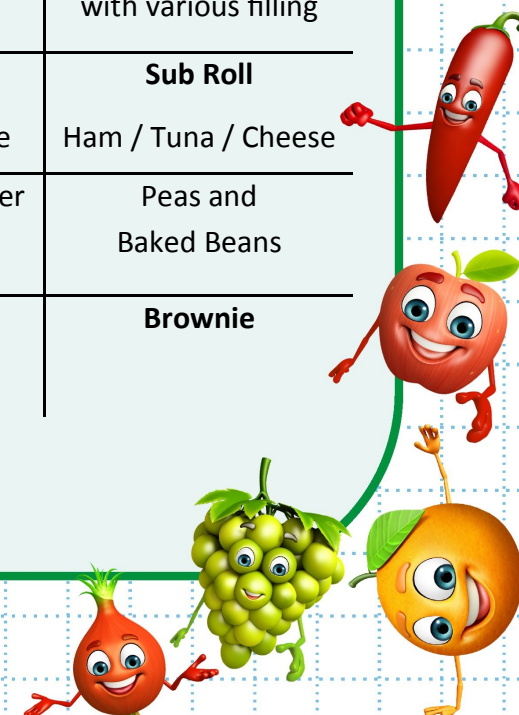
Fresh Seasonal Salad and Bread available daily. Fresh fruit and yoghurt available daily as an alternative to the dessert of the day. Allergy information available on request.

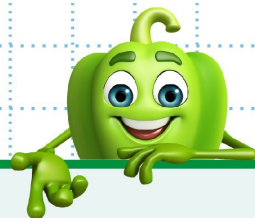


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Week

19th Sept

17th Oct

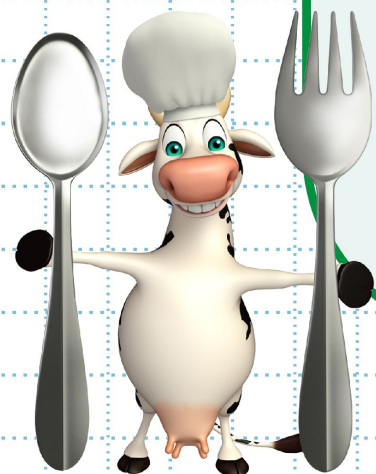
21st Nov

16th Jan

13th Feb

Monday	Tuesday	Wednesday	Thursday	Friday
Meatballs in Tomato Sauce with Wedges	Honey BBQ Chicken with Rice	Minced Beef Pie with New Potatoes	Roast Chicken with Mashed Potatoes, Stuffing and Gravy	Breaded Fish with Chips
Veggie Sausage Dog with Wedges	Veggie Enchilada with Rice	Cheese and Onion Pasty with New Potatoes and Gravy	Vegetable Hot Pot	Vegetable Curry with Chips
Jacket Potato with various filling	Jacket Potato with various filling	Jacket Potato with various filling	Jacket Potato with various filling	Jacket Potato with various filling
Sub Roll Ham / Tuna / Cheese	Sub Roll Ham / Tuna / Cheese	Sub Roll Ham / Tuna / Cheese	Sub Roll Ham / Tuna / Cheese	Sub Roll Ham / Tuna / Cheese
Sweetcorn and Carrots	Green Beans and Coleslaw	Harvest Mixed Vegetables	Carrots and Cauliflower	Peas and Baked Beans
Fruit Flapjack	Pear Loaf with Custard	Cheesecake Crunch	Lemon Drizzle Cake	Chocolate Cake

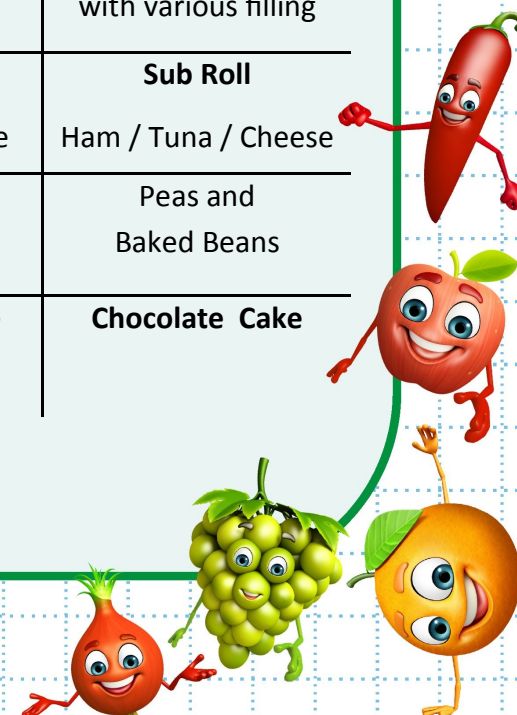
Fresh Seasonal Salad and Bread available daily. Fresh fruit and yoghurt available daily as an alternative to the dessert of the day. Allergy information available on request.

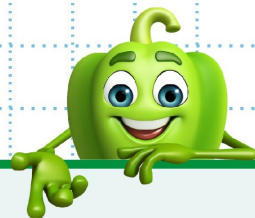


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Week

26th Sept

31st Oct

28th Nov

23rd Jan

Monday	Tuesday	Wednesday	Thursday	Friday
French Bread Pizza with Herby Diced Potatoes	Hunters Chicken with Rice	Lasagne with Crusty Bread	Roast Beef with Parsley Potatoes and Gravy	Breaded Salmon with Chips
Veggie Nuggets with Herby Diced Potatoes	5 Bean Chilli with Rice	Texas BBQ Quorn with Rice	Shepherdess Pie	Veggie Sausage Roll with Chips
Jacket Potato with various filling	Jacket Potato with various filling	Jacket Potato with various filling	Jacket Potato with various filling	Jacket Potato with various filling
Sub Roll Ham / Tuna / Cheese	Sub Roll Ham / Tuna / Cheese	Sub Roll Ham / Tuna / Cheese	Sub Roll Ham / Tuna / Cheese	Sub Roll Ham / Tuna / Cheese
Sweetcorn and Peas	Green Beans and Cauliflower	Broccoli and Winter Cabbage	Carrots and Parsnips	Peas and Baked Beans
Coconut and Honey Cookie	Gingerbread Cake with Custard	Carrot Cake	Chocolate Mousse	Cinnamon Apple Crumble Muffin

Fresh Seasonal Salad and Bread available daily. Fresh fruit and yoghurt available daily as an alternative to the dessert of the day. Allergy information available on request.



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